

Conversations on our Youtube Channel

Many of our recent sessions are now available on our Youtube Channel

<https://www.youtube.com/channel/UCDAavk-s3mWM9cLjdDhYGBA/>

Fall 2020 season - Value shifts and cultural transformation

If we are to become a One Planet Region, we need to reduce our ecological footprint in this region by about 75 percent, and quite rapidly. To do that, as leading Earth systems scientist Will Steffen has remarked, "we need to reach a social tipping point before we reach a planetary one". And that means we need to create a major cultural shift, creating new values – or perhaps re-discovering older values - about what we are and what we want to be, both as a community and as individuals. In this Fall 2020 series of Conversations, we will explore these new values and how such a transformation might be brought about.

Jeremy Lent, in his new book *The Patterning Instinct*, writes in his chapter on "Trajectories To Our Future", in which he discusses "the great transition", that this "will only take place if enough people are conscious of its need and prepared to change their own values and behaviour to affect humanity's direction". He sees three core values that would emerge from this new worldview as foundational principles for our major decisions.

They are:

- an emphasis on quality of life,
- a sense of shared humanity and
- environmental sustainability

After first exploring the broad theme of values shift and the process of cultural evolution in September, we will explore each of these in turn (but in reverse order) in October – December.

Cultural Evolution

Trevor Hancock, Jan Inglis and Jasmindra Jawanda

24 September 2020

Recording available at <https://youtu.be/4jmv7QM2UM0>

In this opening session of our Fall 2020 series, Trevor Hancock, Jan Inglis and Jasmindra Jawanda discuss issues of system and personal transformation involved in cultural evolution.

- **Trevor** is a public health physician, and retired in 2018 from his role as a professor and senior scholar at the School of Public Health and Social Policy at the University of Victoria. He is the founding President of the Conversations for a One Planet Region.
- **Jan** is an independent educator, scholar, and practitioner with a Ph.D. in Social Construction from Tilburg University, and an MSc in Holistic Science from Schumacher College. She has written and presented widely on systemic change and complex issues, especially those related to climate change.
- **Jasmindra** is an Urban Planner who is committed to "creating space for people and place" that lead to diverse, inclusive, socially just, sustainable, vibrant and resilient communities. She has worked with diverse and marginalized populations including

racialized and Indigenous peoples, immigrants and refugees, youth, women and peoples with diverse abilities.

Valuing nature

Trevor Hancock, Gertie Jocksch, Shannon Waters

22 October 2020

Part 1 - <https://www.youtube.com/watch?v=uf4hjWemJ8Q>

Part 2 - https://www.youtube.com/watch?v=qH_bIHN2Hgo

What would it mean for decision-making if this was a core value - Policy changes and local action

Speakers

Trevor is a public health physician, and retired in 2018 from his role as a professor and senior scholar at the School of Public Health and Social Policy at the University of Victoria. His work has focused on two key themes: The relationship between human health and the natural environment, and how we can create healthier cities and communities. He now integrates these themes in his work on how to create healthy, sustainable 'one Planet' communities. He is the founding President of the Conversations for a One Planet Region.

Gertie is a Sister of Charity of Halifax. She holds a Masters of Divinity and a Doctor of Ministry from Regis College and the University of Toronto, Toronto, ON. A passion that has continued to evolve Gertie's work has been her concern and care for Mother Earth. Presently Gertie coordinates the work of The Living Language Institute Foundation developing Programs in Earth Literacies and facilitating programs; she also teaches in the area of Ecotheology and Ecofeminism.

Shannon is a Public Health + Preventive Medicine Physician, Connector and Hope Builder. In her current leadership role as Medical Health Officer for the Cowichan Valley Region at Island Health, Shannon works to bring a voice to not only the health of her community but to Mother Earth. Shannon is of Hul'qumi'num ancestry from the Stz'uminus First Nation and a member of the Cowichan Watershed Board.

Valuing community and cooperation

Ron Rice, Clare Attwell, Sharmake Dubow

12 November 2020

https://www.youtube.com/watch?v=NXKP_m2t0Zs

Ron is from Cowichan Tribes of the Coast Salish Nation and his hereditary name is Wush'q. He has worked with BC Aboriginal Friendship Centres since 1998 and accepted the post as the Executive Director of the Victoria Native Friendship Centre in January 2018. In 2013 he received an Order in Council appointment to the Board of Governors for Camosun College in Victoria BC; ending his six year term as Board Chair. In September of 2020 he will accept an appointment to the Board of Directors for Island Health.

Clare is a textile and multi-media artist. When she is not working on her own art, she works as a community artist, using the arts in imaginative ways to help community groups

explore complex issues such as cultural and spiritual identity, including community visioning. The themes she tackles in her art typically evolve out of her work with community.

Sharmarke is a former refugee who fled civil war in Somalia at the age of 8, and spent 20 years seeking safe haven until Canada offered a home in 2012. He cast his first vote in October 20, 2018, and at the same time was elected as a Victoria City Councillor. His outstanding activism has garnered him various awards and recognition including the Victoria Community Leadership Awards in 2017. At the national level, he was a member of the executive committee of the Canadian Council for Refugees.

Food System Comeback: The local food economy post-pandemic?

Patricia Reichert -

11 June 2020, 5 – 7 PM

Recording available at <https://www.youtube.com/watch?v=iIBgSutLLMU>

Also available at <https://youtu.be/hclD4OmMeL8>

This is a presentation and discussion about the changes that are possible in this region if we choose to build a local food economy based on principles of resilience and social justice.

*As a local food systems specialist, **Patricia Reichert** is working with communities to develop place-based food infrastructure. Patricia collaborates with non-government organisations, governments, food producers, grocers, restaurants, and educators to revitalise the local food economy. She is currently a doctoral candidate in the Doctor of Social Sciences program at Royal Roads University. As part of her research she is co-facilitating [Closing the Supply Gap](#), a regional initiative focused on building the local food economy using a values-based short supply chain model.*

Sovereignty becomes Sustainability

Dr. Shannon Waters

May 14 2020

Recording available at <https://www.youtube.com/watch?v=IDOUbyTo0nE>

Also available at <https://youtu.be/oOcdiZV-7WE>

- ***Shannon Waters*** is a Public Health + Preventive Medicine Physician, Connector and Hope Builder. In her current leadership role as Medical Health Officer for the Cowichan Valley Region at Island Health Shannon works to bring a voice to not only the health of her community but to Mother Earth. Shannon is of Hul'qumi'num ancestry from the Stz'uminus First Nation and a member of the Cowichan Watershed Board.

Learn more at

<https://www.powherhouse.com/shannon-waters-2/>

and see her blog at

<https://www.powherhouse.com/vulnerability/>

- “We are not of the land, we are the land”
- “We have been disconnected from the land, and both we and the land are suffering from this situation.”
- “We need to re-establish this connection through Indigenous co-governance of our lands”

Bouncing forward to a One Planet Region: Could Covid-19 be a social tipping point?

April 16 2020

Recording available at <https://www.youtube.com/watch?v=g-zuLm5ey7Q>

Also available at <https://www.youtube.com/watch?v=w53whKMc-d8&feature=youtu.be>

In this challenging time we have been talking with Frances Litman of Creatively United for the Planet and Cora Hallsworth of One Planet Saanich about the continuing need to work together to take us towards a more hopeful, sustainable, just, convivial and healthy future, a One Planet Region.

One of the first fruits of this heightened collaboration is that we are re-focusing the next Conversation, April 16th, to address this topic.

- **Trevor Hancock** will start us off with a presentation that reflects – and reflects on - this topic, based on ideas in his most recent columns in the *Times Colonist*.
- **Frances Litman** of Creatively United for the Planet, **Cora Hallsworth** of One Planet Saanich and members of the Board of the Conversations will add their perspective.

Social Justice in the One Planet Region

Diana Gibson

14 November 2019

Recording available at <https://www.youtube.com/watch?v=dDv2y4qarBo>

Becoming a One Planet Region will mean a significant reduction in our ecological footprint, on the order of 70 percent. This will require a social transformation with important implications for disadvantaged groups. Will they experience benefits from lower energy use and a low-meat diet, or will there be costs from new and more expensive technologies and materials? What are the likely impacts on employment, especially when we also need to consider the impacts of AI and robotics. This is the first of several Conversations we are co-sponsoring with the Community Social Planning Council this season to explore these issues.

Diana Gibson is CEO, Community Social Planning Council, Victoria

Living Indigenous Law in Canada

John Borrows

21 March 2019

Recording available at https://www.youtube.com/watch?v=xRywU_TP4c&t=1s

John Borrows is the Canada Research Chair in Indigenous Law at the University of Victoria Law School in British Columbia. His publications include *Recovering Canada: The Resurgence of Indigenous Law* (2002), *Canada's Indigenous Constitution* (2011), *Freedom and Indigenous Constitutionalism* (Donald Smiley Award for the best book in Canadian Political Science, 2016), and *Law's Indigenous Ethics* (forthcoming). He is the 2017 Killam Prize winner in Social Sciences. John is Anishinaabe/Ojibway and a member of the Chippewa of the Nawash First Nation in Ontario, Canada.

Borrows' forthcoming book, *Law's Indigenous Ethics*, examines how Indigenous law can shed light on Canadian law's approach to treaties, Aboriginal title, legal education, and the continuing legacy of residential schools. The Anishinaabe legal lens for this event is organized around seven grandmother/grandfather teachings: love, truth, bravery, humility, wisdom, honesty and respect. Anishinaabe stories, language, theories and practices are blended with detailed analysis of Canadian case law, statutes, policies and constitutional practices to illustrate the possibilities and limits of the grandmother/grandfather teachings.

Recording available at https://www.youtube.com/watch?v=xRywU_TP4c&t=1s